

# Christmas 2019

CHARITY

Drop  
Off ↓

## Wish Lists

### HOMELESS CHARITIES

Mens underwear & socks  
T-Shirts & jumpers  
Coats, scarves & gloves  
Jeans / trousers  
Shower gel / soap  
Razors & shaving foam  
Socks and thermals  
Waterproofs  
Toiletries  
Rucksacks and sleeping bags  
Cooking utensils  
Toilet rolls, sugar & instant hot drinks

### FOOD BANK

Shampoo & conditioner  
Pet food  
Deodorant  
Biscuits  
Pasta, rice and pasta sauce  
Coffee & tea  
Longlife juice  
Chocolates & treats  
Tinned food  
Toiletries  
Condiments & spices

If possible...  
PLEASE BAG CLOTHES  
FOR MEN, WOMAN &  
UNDER 24 YEAR OLDS  
SEPARATELY  
Thank you

PLEASE DONATE TO HELP PEOPLE IN NEED THIS CHRISTMAS.

**CHRISTMAS DAY SALTDEAN LIDO 8am-12pm**

[www.zonezine.co.uk](http://www.zonezine.co.uk)



PROJECT  
ANTIFREEZE

YMCA  
BRIGHTON

S H S  
SUSSEX HOMELESS SUPPORT

